

February 2018 - Recreation Therapy Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bingo every Wednesday evening @ 6:00pm in the 2nd Floor Dining Room!	Black History Month The annual celebration of achievements by African Americans and a time for recognizing the central role of African Americans in U.S. history.	National Recreation Therapy Month Sponsored by the American Therapeutic Recreation Association, which represents the interests of therapeutic recreation specialists, also known as recreation therapists.	American Heart Health Month A great time to commit to a healthy lifestyle and make small changes that can lead to a lifetime of heart health!	1 <u>10 AM</u> Music and Movement (2) Sing-A-Long with Jane (3) 2PM – 4:30 PM Music w/ Dave Patrick (1) Arts and Crafts (2) Afternoon Spa (3)	2 <u>10 AM</u> Fitness Fun (2) Morning Rhythm Group (3) 2PM – 4:30 PM Friday at the Movies (1) Sensory Spa(2) Sensory Stations (3)	3 <u>10 AM</u> Table Talk Café (2,3) Pet Therapy (1, 2, 3) 2PM – 4:30 PM Bingo (1) Interactive Sing-A-Long (2,3)
4 <u>10 AM</u> Interfaith Service(2) Crooner's Cafe (3) Pet Therapy (1,2,3) 2PM – 4:30 PM Bingo (1) Sunday Matinee (2) Name that Tune (3)	5 <u>10 AM</u> Active Games (2,3) 1:30 PM Food Council (1) 2PM – 4:30 PM Art Therapy w/ Richard (1) Afternoon Spa (2) Monday Mash-up (3) 6PM Evening Relaxation (3)	6 <u>10 AM</u> Tuesday Tea and Trivia (2) Music and Reminiscence (3) 2PM – 4:30 PM "Sounds of Music" Choir (1) Urban Zen (2W) Baking with Marianna (2) Trivia & Name That Tune (3)	7 <u>10 AM</u> Violin w/ Albert (2,3) 2PM – 4:30 PM Catholic Services (1) Beading with CiCi (2) Karaoke Time! (3) 6PM Bingo (2)	8 <u>10 AM</u> Yoga with Adrienne (1) Music and Movement (2) Sing-A-Long w/ Jane (3) 2PM – 4:30 PM Music w/ Richard Lampese (1) Arts and Crafts (2) Afternoon Spa (3)	9 <u>10 AM</u> Fitness Fun (2) Morning Rhythm Group (3) 2PM – 4:30 PM Friday at the Movies (1) Sensory Spa(2) Sensory Stations (3) 6PM Evening Relaxation (3)	10 <u>10 AM</u> Table Talk Café (2,3) Pet Therapy (1, 2, 3) 2PM – 4:30 PM Bingo (1) Interactive Sing-A-Long (2,3)
11 <u>10 AM</u> Interfaith Service(2) Crooner's Cafe (3) Pet Therapy (1,2,3) 2PM – 4:30 PM Bingo (1) Sunday Matinee (2) Name that Tune (3)	12 <u>10 AM</u> Active Games(2,3) 2PM – 4:30 PM Be My Valentine Art (1) Afternoon Spa (2) Baking with Marianna (3) 6PM Evening Relaxation (3)	13 <u>10 AM</u> Tuesday Tea and Trivia (2) Music and Reminiscence (3) 2PM – 4:30 PM "Sounds of Music" Choir (1) Urban Zen (2W) Baking with Marianna (2) Trivia & Name That Tune (3)	14 Valentine's Day <u>10 AM</u> Heart to Heart Match-Up (2) Music w/ John Bracco (3) 2PM – 4:30 PM Catholic Services (1) Beading with CiCi (2) Karaoke Time (3) 6PM Bingo (2)	15 <u>10 AM</u> Music and Movement (2) Sing-A-Long with Jane (3) 2PM – 4:30 PM Birthday Party w/Flo Michaels (1) Arts and Crafts (2) Afternoon Spa (3)	16 <u>10 AM</u> Fitness Fun(2) Morning Rhythm Group (3) 2PM – 4:30 PM Massage Therapy (1) Sensory Spa (2) Sensory Stations (3) 6PM Evening Relaxation (3)	17 <u>10 AM</u> Table Talk Café (2,3) Pet Therapy (1, 2, 3) 2PM – 4:30 PM Bingo (1) Beading w/Natalie (2) Interactive Sing-A-Long (3)
18 <u>10 AM</u> Interfaith Service(2) Crooner's Cafe (3) 2PM – 4:30 PM Bingo (1) Sunday Matinee (2) Name that Tune (3)	19 President's Day <u>10 AM</u> Active Games(2,3) 2PM – 4:30 PM Creative Arts Group (1) Afternoon Spa (2) Monday Mash-up (3) 6PM Evening Relaxation (3)	20 <u>10 AM</u> Puppet Therapy w/ Dayle (2,3) 1:30PM RVC Library (3) 2PM – 4:30 PM "Sounds of Music" Choir (1) Urban Zen (2W) Baking with Marianna (2) Trivia & Name That Tune (3)	21 <u>10 AM</u> Zumba! (2,3) 2PM – 4:30 PM Catholic Services (1) Beading with CiCi (2) Karaoke Time! (3) 6PM Bingo (2)	22 <u>10 AM</u> Yoga w/ Adrienne Music and Movement (2) Sing-A-Long with Jane (3) 2PM – 4:30 PM Music w/ Ray Watson (1) Arts and Crafts (2) Afternoon Spa (3)	23 <u>10 AM</u> Fitness Fun (2) Morning Rhythm Group (3) 2PM – 4:30 PM Friday at the Movies (1) Sensory Spa (2) Sensory Stations (3) 6PM Evening Relaxation (3)	24 <u>10 AM</u> Table Talk Café (2,3) Pet Therapy (1, 2, 3) 2PM – 4:30 PM Bingo (1) Interactive Sing-A-Long (2,3)
25 <u>10 AM</u> Interfaith Service(2) Crooner's Cafe (3) Pet Therapy (1,2,3) 2PM – 4:30 PM Bingo (1) Sunday Matinee (2) Name that Tune (3)	26 <u>10 AM</u> Active Games(2,3) 2PM – 4:30 PM Art Therapy w/ Richard (1) Afternoon Spa (2) Monday Mash-up (3) 6PM Evening Relaxation (3)	27 <u>10 AM</u> Tuesday Tea and Trivia (2) Music and Reminiscence (3) 2PM – 4:30 PM Resident Council Meeting (1) Urban Zen (2W) Trivia & Name That Tune (2,3) 3PM Veteran's Group (1)	28 <u>10 AM</u> Zumba! (2,3) 2PM – 4:30 PM Catholic Services (1) Beading with CiCi (2) Karaoke Time! (3) 6PM Bingo (2)	**Your Recreation Team** Jon Romond, MT-BC, Maggie Liranzo, Mary-Kate Tusinsky, C.C Almonte, Marianna Solorza, Kenneth Gutierrez, Wafiyah Hallim (516) 536-7730 ext. 1180		Therapeutic Recreation Programs are subject to change