

**January 2019 - Recreation Therapy Calendar of Events**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p align="center"><b>Therapeutic Recreation Programs are subject to change</b></p>	<p><b>**Your Recreation Team**</b></p> <p align="center"><b>Jon Romond, MT-BC, Mary Kate Tusinski, CTRS, Jid Ratanapinyopong, C.C Almonte, Marianna Solorza, Wafiyah Hallim</b></p>			<p><b>Pet Therapy Strolling</b> <b>Wednesday</b> <b>January 16<sup>th</sup></b> <b>10:30am-11:30am</b> <b>Open to all Residents!</b></p>	<p><b>Book Cart!</b> <b>Monday Mornings</b> <b>(all units)</b></p>	<p><b>Bingo every Wednesday evening @ 6:00pm in the 2<sup>nd</sup> Floor Dining Room!</b></p>	
<p><i><b>"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."</b></i> <b>- Dr. Martin Luther King Jr.</b></p>	<p><b>1 New Year's Day</b> <b>10 AM</b> Famous Faces (2) Urban Zen (2W) Table Games (3) <b>2PM - 4:30 PM</b> "Sounds of Music" Choir (1) Afternoon Spa (2) Trivia &amp; Name That Tune (3)</p>			<p><b>2</b> <b>10 AM</b> Book Club (2) Balloon Volleyball (3) <b>2PM - 4:30 PM</b> Catholic Services (1) Name That Tune (2) Karaoke Time (3) <b>6PM</b> Bingo (2W)</p>	<p><b>3</b> <b>10 AM</b> Breathe, Move, Meditate (1) Music and Movement (2) Sing-A-Long w/ Marianna (3) <b>2PM - 4:30 PM</b> Music w/ Dave Patrick (1) Beading with CiCi (2) Afternoon Spa (3)</p>	<p><b>4</b> <b>10 AM</b> Word Scramble (2) Morning Rhythm Group (3) <b>2PM - 4:30 PM</b> Friday at the Movies (1) Table Games (2) Sensory Stations(3) <b>6PM</b> Evening Relaxation (3)</p>	<p><b>5</b> <b>10 AM</b> Table Talk Café (2,3) <b>2PM - 4:30 PM</b> Bingo (1) Merrie Melodies (2) Saturday Matinee (3)</p>
	<p><b>6</b> <b>10 AM</b> Interfaith Service(2) Sunday Social (3) <b>2PM - 4:30 PM</b> Bingo (1) Word Games (2) Creative Corner (3)</p>	<p><b>7</b> <b>10 AM</b> Parachute Games (2) Active Games (3) <b>1:30</b> Food Council Meeting <b>2PM - 4:30 PM</b> Creative Arts Open Studio(1) Baking with Marianna (2) Monday Mash-up (3) <b>6PM</b> Evening Relaxation (3)</p>	<p><b>8</b> <b>10 AM</b> Famous Faces (2) Urban Zen (2W) Table Games (3) <b>2PM - 4:30 PM</b> "Sounds of Music" Choir (1) Afternoon Spa (2) Trivia &amp; Name That Tune (3)</p>	<p><b>9</b> <b>10 AM</b> Book Club (2) Music with John Bracco (3) <b>2PM - 4:30 PM</b> Catholic Services (1) Name That Tune (2) Karaoke Time! (3) <b>6PM</b> Bingo (2W)</p>	<p><b>10</b> <b>10 AM</b> Breathe, Move, Meditate (1) Music and Movement (2) Sing-A-Long w/ Marianna (3) <b>2PM - 4:30 PM</b> Music w/ George Maselli (1) Beading with CiCi (2) Afternoon Spa (3)</p>	<p><b>11</b> <b>10 AM</b> Word Scramble (2) Morning Rhythm Group (3) <b>2PM - 4:30 PM</b> Friday at the Movies (1) Table Games (2) Sensory Stations (3) <b>6PM</b> Evening Relaxation (3)</p>	<p><b>12</b> <b>10 AM</b> Table Talk Café (2,3) <b>2PM - 4:30 PM</b> Bingo (1) Merrie Melodies (2) Saturday Matinee (3)</p>
<p><b>13</b> <b>10 AM</b> Interfaith Service(2) Sunday Social (3) <b>2PM - 4:30 PM</b> Bingo (1) Word Games (2) Creative Corner (3)</p>	<p><b>14</b> <b>10 AM</b> Parachute Games (2) Active Games (3) <b>2PM - 4:30 PM</b> Art Therapy with Richard (1) Baking with Marianna (2) Monday Mash-up (3) <b>6PM</b> Evening Relaxation (3)</p>	<p><b>15</b> <b>10 AM</b> Famous Faces (2) Urban Zen (2W) Table Games (3) <b>1:30PM</b> RVC Library <b>2PM - 4:30 PM</b> "Sounds of Music" Choir (1) Afternoon Spa (2) Trivia &amp; Name That Tune (3)</p>	<p><b>16</b> <b>10 AM</b> Book Club (2) Balloon Volleyball (3) <b>2PM - 4:30 PM</b> Catholic Services (1) Name That Tune (2) Karaoke Time (3) <b>6PM</b> Bingo (2W)</p>	<p><b>17</b> <b>10 AM</b> Yoga with Adrienne (1) Music and Movement (2) Sing-A-Long w/ Marianna (3) <b>2PM - 4:30 PM</b> Birthday Party w/ Matt Nappo(1) Beading with CiCi (2) Afternoon Spa (3)</p>	<p><b>18</b> <b>10 AM</b> Violin with Albert (2,3) <b>2PM - 4:30 PM</b> Massage Therapy (1) Table Games (2) Sensory Stations (3) <b>6PM</b> Evening Relaxation (3)</p>	<p><b>19</b> <b>10 AM</b> Table Talk Café (2,3) <b>2PM - 4:30 PM</b> Bingo (1) Merrie Melodies (2) Saturday Matinee (3)</p>	
<p><b>20</b> <b>10 AM</b> Interfaith Service(2) Sunday Social (3) <b>2PM - 4:30 PM</b> Bingo (1) Word Games (2) Creative Corner (3)</p>	<p><b>21 Martin Luther King Day</b> <b>10 AM</b> Parachute Games (2) Active Games (3) <b>2PM - 4:30 PM</b> MLK Inspirational Art (1) Baking with Marianna (2) Monday Mash-up (3)</p>	<p><b>22</b> <b>10 AM</b> Puppet Therapy w/ Dayle (2,3) Urban Zen (2W) Table Games (3) <b>2PM - 4:30 PM</b> "Sounds of Music" Choir (1) Afternoon Spa (2) Trivia &amp; Name That Tune (3)</p>	<p><b>23</b> <b>10 AM</b> Book Club (2) Balloon Volley Ball (3) <b>2PM - 4:30 PM</b> Catholic Services (1) Name That Tune (2) Karaoke Time! (3) <b>6PM</b> Bingo (2W)</p>	<p><b>24</b> <b>10 AM</b> Breathe, Move, Meditate (1) Music and Movement (2) Sing-A-Long w/ Marianna (3) <b>2PM - 4:30 PM</b> Music w/ Mike Barry (1) Beading with CiCi (2) Afternoon Spa (3)</p>	<p><b>25</b> <b>10 AM</b> Word Games (2) Morning Rhythm Group (3) <b>2PM - 4:30 PM</b> Friday at the Movies (1) Table Games (2) Sensory Stations (3) <b>6PM</b> Evening Relaxation (3)</p>	<p><b>26</b> <b>10 AM</b> Table Talk Café (2,3) <b>2PM - 4:30 PM</b> Bingo (1) Merrie Melodies (2) Saturday Matinee (3)</p>	
<p><b>27</b> <b>10 AM</b> Interfaith Service(2) Sunday Social (3) <b>2PM - 4:30 PM</b> Bingo (1) Word Games (2) Creative Corner (3)</p>	<p><b>28</b> <b>10 AM</b> Parachute Games (2) Active Games (3) <b>2PM - 4:30 PM</b> Art Therapy with Richard (1) Baking with Marianna (2) Monday Mash-up (3) <b>6PM</b> Evening Relaxation (3)</p>	<p><b>29</b> <b>10 AM</b> Famous Faces (2) Urban Zen (2W) Table Games (3) <b>2PM - 4:30 PM</b> Resident Council Meeting (1) Afternoon Spa (2) Trivia &amp; Name That Tune (3) <b>3PM</b> Veteran's Group (1)</p>	<p><b>30</b> <b>10 AM</b> Book Club (2) Balloon Volley Ball (3) <b>2PM - 4:30 PM</b> Catholic Services (1) Name That Tune (2) Karaoke Time! (3) <b>6PM</b> Bingo (2W)</p>	<p><b>31</b> <b>10 AM</b> Breathe, Move, Meditate (1) Music and Movement (2) Sing-A-Long w/ Marianna (3) <b>2PM - 4:30 PM</b> Music w/ Ray Watson (1) Beading with CiCi (2) Afternoon Spa (3)</p>	<p><b>Have a question?</b></p> <p><b>Call us anytime at:</b> <b>(516) 536-7730</b> <b>ext. 1180</b></p>		