

## October 2019 - Recreation Therapy Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>**Your Recreation Team**</b>  Jon Romond, MT-BC, Mary Kate Tusinski, CTRS, C.C Almonte, Marianna Solorza, Wafiyah Hallim, and Ashlee Penate		<b>“Do what you can, with what you have, where you are.”</b> ~ Theodore Roosevelt			<b>Book Cart!</b> <b>Monday Mornings</b> (all units)	<b>Bingo every Wednesday evening @ 6:00pm in the 2<sup>nd</sup> Floor Dining Room!</b>
<b>Therapeutic Recreation programs are subject to change</b>	<b>Have a question?</b> <b>Call us anytime at:</b>  (516) 536-7730 ext. 1180	<b>1</b> <u>10 AM</u> Famous Faces (2) Bowling to Music (3) <u>2:30PM</u> <b>Oktoberfest! (1)</b> Afternoon Spa (2) Trivia & Name That Tune (3) Urban Zen (2W)	<b>2</b> <u>10 AM</u> Therapeutic Exercise (1) Music and Movement (2) Balloon Volleyball (3) <u>2:30PM</u> Catholic Services (1) Bowling to Music (2) Sensory Spa (3) <b>6PM:</b> Bingo (2)	<b>3</b> <u>10 AM</u> Breathe, Move, Meditate (1) Morning Games (2) Let's Get Physical! (3) <u>2:30PM</u> Music with Dave Patrick (1) Beading with CiCi (2) Sing-A-Long w/ Marianna (3)	<b>4</b> <u>10 AM</u> Word Scramble (2) Morning Rhythm Group (3) <u>2:30PM</u> GP Cinema: “Teen Wolf” (1) Table Games (2) Sensory Stations (3)	<b>5</b> <u>10 AM</u> Table Talk Café (2,3)  <u>2:30PM</u> Bingo (1) Word Games (2) Saturday Matinee (3)
<b>6</b> <u>10 AM</u> Interfaith Service (2) Sunday Social (3) <u>2:30PM</u> Bingo (1) Current Events (2) Creative Corner (3) Urban Zen (2W)	<b>7</b> <u>10 AM</u> Parachute Games (2) Active Games (3) <u>1:30</u> Food Council Meeting <u>2:30PM</u> <b>Weird Science (1)</b> Baking with Marianna (2) Horse Racing (3) <b>6PM</b> Evening Relaxation (3)	<b>8</b> <u>10 AM</u> Famous Faces (2) Bowling to Music (3) <u>2:30PM</u> The Tranquility Pavilion (1) Afternoon Spa (2) Trivia & Name That Tune (3) Urban Zen (2W)	<b>9</b> <u>10 AM</u> Therapeutic Exercise (1) Music and Movement (2) Music w/ John Bracco (3) <u>2:30PM</u> Catholic Services (1) Bowling to Music (2) Sensory Spa (3) <b>6PM:</b> Bingo (2)	<b>10</b> <u>10 AM</u> Virtual Reality Adventures! (1) Music and Movement (2) Let's Get Physical! (3) <u>2:30PM</u> Music with Flo Michaels (1) Beading with CiCi (2) Sing-A-Long w/ Marianna (3)	<b>11</b> <u>10 AM</u> Word Scramble (2) Morning Rhythm Group (3) <u>2:30PM</u> GP Cinema: “Beetlejuice” (1) Table Games (2) Sensory Stations (3)	<b>12</b> <u>10 AM</u> Table Talk Café (2,3)  <u>2:30PM</u> Bingo (1) Word Games (2) Saturday Matinee (3)
<b>13</b> <u>10 AM</u> Interfaith Service (2) Sunday Social (3) <u>2:30PM</u> Bingo (1) Current Events (2) Creative Corner (3) Urban Zen (2W)	<b>14 Columbus Day</b> <u>10 AM</u> Parachute Games (2) Active Games (3) <u>2:30PM</u> Art Therapy w/Richard (1) The Joy of Cooking (2) Horse Racing (3) <b>6PM</b> Evening Relaxation (3)	<b>15</b> <u>10 AM</u> Famous Faces (2) Bowling to Music (3) <u>2:30PM</u> The Tranquility Pavilion (1) Afternoon Spa (2) Trivia & Name That Tune (3) Urban Zen (2W)	<b>16</b> <u>10 AM</u> Therapeutic Exercise (1) Music and Movement (2) Balloon Volleyball (3) <u>2:30PM</u> Catholic Services (1) Bowling to Music (2) Sensory Spa (3) <b>6PM:</b> Bingo (2)	<b>17</b> <u>10 AM</u> Yoga with Adrienne (1) Music and Movement (2) Let's Get Physical! (3) <u>2:30PM</u> Birthday Party w/ Mary Peck (1) Beading with CiCi (2) Sing-A-Long w/ Marianna (3)	<b>18</b> <u>10 AM</u> Massage Therapy (1,2,3) Word Scramble (2) Morning Rhythm Group (3) <u>2:30PM</u> GP Cinema: “Abbott and Costello meet Frankenstein” (1) Table Games (2) Sensory Stations (3)	<b>19</b> <u>10 AM</u> Table Talk Café (2,3)  <u>2:30PM</u> Bingo (1) Word Games (2) Saturday Matinee (3)
<b>20</b> <u>10 AM</u> Interfaith Service (2) Sunday Social (3) <u>2:30PM</u> Bingo (1) Current Events (2) Creative Corner (3) Urban Zen (2W)	<b>21</b> <u>10 AM</u> Parachute Games (2) Active Games (3) <u>2:30PM</u> <b>Halloween Art (1)</b> Baking with Marianna (2) Horse Racing (3) <b>6PM</b> Evening Relaxation (3)	<b>22</b> <u>10 AM</u> Puppet Therapy w/ Dayle (2,3) <u>2:30PM</u> The Tranquility Pavilion (1) Afternoon Spa (2) Trivia & Name That Tune (3) Urban Zen (2W)	<b>23</b> <u>10 AM</u> Therapeutic Exercise (1) Music and Movement (2) Balloon Volleyball (3) <u>2:30PM</u> Catholic Services (1) Bowling to Music (2) Sensory Spa (3) <b>6PM:</b> Bingo (2)	<b>24</b> <u>10 AM</u> Breathe, Move, Meditate (1) Music and Movement (2) Let's Get Physical! (3) <u>2:30PM</u> Music w/ Len Cammalleri (1) Beading with CiCi (2) Sing-A-Long w/ Marianna (3)	<b>25</b> <u>10 AM</u> Word Scramble (2) Morning Rhythm Group (3) <u>2:30PM</u> GP Cinema: “Hocus Pocus” (1) Table Games (2) Sensory Stations (3)	<b>26</b> <u>10 AM</u> Table Talk Café (2,3)  <u>2:30PM</u> Bingo (1) Word Games (2) Saturday Matinee (3)
<b>27</b> <u>10 AM</u> Interfaith Service (2) Sunday Social (3) <u>2:30PM</u> Bingo (1) Current Events (2) Creative Corner (3) Urban Zen (2W)	<b>28</b> <u>10 AM</u> Parachute Games (2) Active Games (3) <u>2:30PM</u> Art Therapy w/ Richard (1) The Joy of Cooking (2) Horse Racing (3) <b>6PM</b> Evening Relaxation (3)	<b>29</b> <u>10 AM</u> Famous Faces (2) Bowling to Music (3) <u>2:30PM</u> Resident Council Meeting (1) Afternoon Spa (2) Trivia & Name That Tune (3) Urban Zen (2W) <b>3PM:</b> Veteran's Group (1)	<b>30</b> <u>10 AM</u> Therapeutic Exercise (1) Music and Movement (2) Balloon Volleyball (3) <u>2:30PM</u> Catholic Services (1) Bowling to Music (2) Sensory Spa (3) <b>6PM:</b> Bingo (2)	<b>31 Halloween</b> <u>10 AM</u> Breathe, Move, Meditate (1) Music and Movement (2) Let's Get Physical! (3) <u>2:30PM</u> <b>Halloween Costume Party w/Ray Watson!(1)</b> Beading with CiCi (2) Sing-A-Long w/ Marianna (3)	<b>Jewish Pastoral Support</b>  <b>Wednesday, October 23<sup>rd</sup></b>  <b>10:00am – 11:30am</b>	<b>Pet Therapy Strolling</b> <b>Wednesday</b> <b>October 16<sup>th</sup></b> <b>10:45am-11:45am</b>  <b>Open to all Residents!</b>