


## March 2020 - Recreation Therapy Calendar of Events

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |  |
|---|---|---|---|--|--|--|--|
| <b>**Your Recreation Team**</b><br><br><b>Jon Romond, MT-BC,</b><br><b>Mary Kate Tusinski, CTRS,</b><br><b>CiCi Almonte, Marianna Solorza,</b><br><b>Ashlee Penate, Vanessa Bethune, and</b><br><b>Kelsey Quinn</b> |   | <b>Have a question?</b><br><br><b>Call us anytime at:</b><br><b>(516) 536-7730</b><br><b>ext. 1180</b>  | <b>Therapeutic Recreation programs are subject to change</b>  | <b>Jewish Pastoral Support</b><br><br><b>Wednesday, March 11<sup>th</sup></b><br><br><b>10:00am – 11:30am</b>  | <b>Pet Therapy</b><br><br><b>Strolling Wednesday</b><br><b>March 25<sup>th</sup></b><br><b>11:00am-12:00pm</b><br><br><b>Open to all Residents!</b>  | <b>Book Cart</b><br><br><b>Every Monday Morning</b><br><b>All Floors</b>   |  |
| <b>1</b><br><b>10 AM</b><br>Interfaith Service (2)<br>Sunday Social (3)<br><b>2:30PM</b><br>Bingo (1)<br>Urban Zen (2)<br>Musical Games (3)   | <b>2</b><br><b>10 AM</b><br>Dealer's Choice (2)<br>Active Games (3)<br><b>1:30PM:</b> Food Council<br><b>2:30PM</b><br>The Joy of Cooking (1)<br>Trivia Challenge! (2)<br>Horse Racing (3)<br><b>6PM</b> Christian Services (3)         | <b>3</b><br><b>10 AM</b><br>Famous Faces (2)<br>Bowling to Music (3)<br><b>2:30PM</b><br>Tranquility Pavilion (1)<br>Afternoon Spa (2)<br>Trivia & Name That Tune (3)   | <b>4</b><br><b>10 AM</b><br>Therapeutic Exercise (1)<br>Music and Movement (2)<br>Balloon Volleyball (3)<br><b>2:30PM</b><br>Catholic Services (1)<br>Bowling to Music (2)<br>Sensory Spa (3)<br><b>6PM:</b> Bingo (2)    | <b>5</b><br><b>10 AM</b><br>Breathe, Move, Meditate (1)<br>Music and Movement (2)<br>Let's Get Physical! (3)<br><b>2:30PM</b><br>Music w/ Dave Patrick (1)<br>Beading with CiCi (2)<br>Karaoke w/ Marianna (3)   | <b>6</b><br><b>10 AM</b><br>Word Scramble (2)<br>Morning Rhythm Group (3)<br><b>2:30PM</b><br>GP Cinema: "La Bamba" (1)<br>Table Games (2)<br>Sensory Stations (3)   | <b>7</b><br><b>10 AM</b><br>Table Talk Café (2,3)<br><br><b>2:30PM</b><br>Bingo (1)<br>Word Games (2)<br>Saturday Matinee (3)  |  |
| <b>8</b><br><b>10 AM</b><br>Interfaith Service (2)<br>Sunday Social (3)<br><b>2:30PM</b><br>Bingo (1)<br>Urban Zen (2)<br>Musical Games (3)   | <b>9</b><br><b>10 AM</b><br>Virtual Reality Adventures (1)<br>Dealer's Choice (2)<br>Active Games (3)<br><b>2:30PM</b><br>Art Therapy w/ Richard (1)<br>Baking w/ Marianna (2)<br>Table Games (3)<br><b>6PM</b> Christian Services (3)  | <b>10</b><br><b>10 AM</b><br>Puppet Therapy w/ Dayle (2,3)<br><b>2:30PM</b><br>Tranquility Pavilion (1)<br>Afternoon Spa (2)<br>Trivia & Name That Tune (3)   | <b>11</b><br><b>10 AM</b><br>Therapeutic Exercise (1)<br>Music and Movement (2)<br>Music w/ John Bracco (3)<br><b>2:30PM</b><br>Catholic Services (1)<br>Bowling to Music (2)<br>Sensory Spa (3)<br><b>6PM:</b> Bingo (2) | <b>12</b><br><b>10 AM</b><br>Breathe, Move, Meditate (1)<br>Music and Movement (2)<br>Let's Get Physical! (3)<br><b>2:30PM</b><br>Birthday Party w/ Len! (1)<br>Beading with CiCi (2)<br>Karaoke w/ Marianna (3) | <b>13</b><br><b>10 AM</b><br>Word Scramble (2)<br>Morning Rhythm Group (3)<br><b>2:30PM</b><br>GP Cinema: "Darby O'Gill and the Little People" (1)<br>Table Games (2)<br>Sensory Stations (3)                                  | <b>14</b><br><b>10 AM</b><br>Table Talk Café (2,3)<br><br><b>2:30PM</b><br>Bingo (1)<br>Word Games (2)<br>Saturday Matinee (3) |  |
| <b>15</b><br><b>10 AM</b><br>Interfaith Service (2)<br>Sunday Social (3)<br><b>2:30PM</b><br>Bingo (1)<br>Urban Zen (2)<br>Musical Games (3)  | <b>16</b><br><b>10 AM</b><br>Dealer's Choice (2)<br>Active Games (3)<br><b>2:30PM</b><br>The Joy of Cooking (1)<br>Baking with Marianna (2)<br>Horse Racing (3)<br><b>6PM</b> Christian Services (3)                                    | <b>17 St. Patrick's Day</b><br><b>10 AM</b><br>Famous Faces (2)<br>Bowling to Music (3)<br><b>2:30PM</b><br>St. Patrick's Day Crafts (1)<br>Afternoon Spa(2)<br>Trivia & Name That Tune (3)                                       | <b>18</b><br><b>10 AM</b><br>Therapeutic Exercise (1)<br>Music and Movement (2)<br>Balloon Volleyball (3)<br><b>2:30PM</b><br>Catholic Services (1)<br>Bowling to Music (2)<br>Sensory Spa (3)<br><b>6PM:</b> Bingo (2)   | <b>19</b><br><b>10 AM</b><br>Yoga with Adrienne (1)<br>Music and Movement (2)<br>Let's Get Physical! (3)<br><b>2:30PM</b><br>Music w/ Ray Watson (1)<br>Beading with CiCi (2)<br>Karaoke w/ Marianna (3)         | <b>20 1<sup>st</sup> Day of Spring</b><br><b>10 AM</b><br>Massage Therapy (1, 2, 3)<br>Word Scramble (2)<br>Morning Rhythm Group (3)<br><b>2:30PM</b><br>GP Cinema: "Leap Year" (1)<br>Table Games (2)<br>Sensory Stations (3) | <b>21</b><br><b>10 AM</b><br>Table Talk Café (2,3)<br><br><b>2:30PM</b><br>Bingo (1)<br>Word Games (2)<br>Saturday Matinee (3) |  |
| <b>22</b><br><b>10 AM</b><br>Interfaith Service (2)<br>Sunday Social (3)<br><b>2:30PM</b><br>Bingo (1)<br>Urban Zen (2)<br>Musical Games (3)  | <b>23</b><br><b>10 AM</b><br>Virtual Reality Adventures (1)<br>Dealer's Choice (2)<br>Active Games (3)<br><b>2:30PM</b><br>Art Therapy w/ Richard (1)<br>Baking w/ Marianna (2)<br>Table Games (3)<br><b>6PM</b> Christian Services (3) | <b>24</b><br><b>10 AM</b><br>Famous Faces (2)<br>Bowling to Music (3)<br><b>2:30PM</b><br>Tranquility Pavilion (1)<br>Afternoon Spa (2)<br>Trivia & Name That Tune (3)  | <b>25</b><br><b>10 AM</b><br>Therapeutic Exercise (1)<br>Music and Movement (2)<br>Balloon Volleyball (3)<br><b>2:30PM</b><br>Catholic Services (1)<br>Bowling to Music (2)<br>Sensory Spa (3)<br><b>6PM:</b> Bingo (2)   | <b>26</b><br><b>10 AM</b><br>Breathe, Move, Meditate (1)<br>Music and Movement (2)<br>Let's Get Physical! (3)<br><b>2:30PM</b><br>Music w/ Peter Mancini (1)<br>Beading with CiCi (2)<br>Karaoke w/ Marianna (3) | <b>27</b><br><b>10 AM</b><br>Word Scramble (2)<br>Morning Rhythm Group (3)<br><b>2:30PM</b><br>GP Cinema:<br>"A League of Their Own" (1)<br>Table Games (2)<br>Sensory Stations (3)  | <b>28</b><br><b>10 AM</b><br>Table Talk Café (2,3)<br><br><b>2:30PM</b><br>Bingo (1)<br>Word Games (2)<br>Saturday Matinee (3) |  |
| <b>29</b><br><b>10 AM</b><br>Interfaith Service (2)<br>Sunday Social (3)<br><b>2:30PM</b><br>Bingo (1)<br>Urban Zen (2)<br>Musical Games (3)  | <b>30</b><br><b>10 AM</b><br>Dealer's Choice (2)<br>Active Games (3)<br><b>2:30PM</b><br>The Joy of Cooking (1)<br>Baking w/ Marianna (2)<br>Horse Racing (3)<br><b>6PM</b> Christian Services (3)                                      | <b>31</b><br><b>10 AM</b><br>Famous Faces (2)<br>Bowling to Music (3)<br><b>2:00PM</b><br>Resident Council Meeting (1)<br><b>2:30PM</b><br>Afternoon Spa (2)<br>Trivia & Name That Tune (3)<br><b>3:00PM:</b> Veteran's Group (1) |   |  |  | <b>"Spring: A lovely reminder of how beautiful change can truly be"</b><br><br>~ Unknown                                       |  |