

September 2020 - Recreation Therapy Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">**Your Recreation Team**</p> <p align="center">Jon Romond, MT-BC, CiCi Almonte, Marianna Solorza, Ashlee Penate, and Kelsey Quinn</p>			<p align="center">Have a question?</p> <p align="center">Call us anytime at:</p> <p align="center">(516) 536-7730 ext. 1180</p>	<p align="center">Window or Virtual Visits</p> <p align="center">Please Call Recreation ext. 1180 to schedule</p>		<p align="center">Strolling Book Cart Monday Mornings</p>
<p align="center"><i>“The best way to predict the future is to create it”</i></p> <p align="center"><i>~ Abraham Lincoln</i></p>		<p>1</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>2</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Strolling Bakery! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>3</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Leisure Visits (1)</p>	<p>4</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>5</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>6</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>7 Labor Day</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Mocktails! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>8</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>9</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Rolling Hydration Station (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>10</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Leisure Visits (1)</p>	<p>11</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Good Humor Cart! (1) Hallway Bingo (2,3)</p>	<p>12</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>13</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>14</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Mocktails! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>15</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>16</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Rolling Hydration Station (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>17</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Leisure Visits (1)</p>	<p>18 Rosh Hashanah Begins</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>19</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>20</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>21</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Mocktails! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>22 1st Day of Autumn</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>23</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Oktoberfest! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>24</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Leisure Visits (1)</p>	<p>25</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>26</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>27 Yom Kippur Begins</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>28</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Mocktails! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>29</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:00PM Resident Council (1:1)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>30</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Rolling Hydration Station (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>Window Visits</p> <p>Tuesdays: 1pm – 4pm</p> <p>Thursdays: 1pm – 4pm</p> <p>Sundays: 1pm – 4pm</p>	<p>Virtual Visits</p> <p>Mondays: 2pm – 4pm</p> <p>Wednesdays: 5:30pm – 7:30pm</p> <p>Saturdays: 2pm – 4pm</p>	<p align="center">Therapeutic Recreation programs are subject to change</p>