

November 2020 - Recreation Therapy Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">**Your Recreation Team**</p> <p align="center">Jon Romond, MT-BC, Marianna Solorza, CiCi Almonte, Ashlee Penate, and Jodie Scott</p>			<p>Have a question?</p> <p>Call us anytime at:</p> <p align="center">(516) 536-7730 ext. 1180</p>	<p align="center">Outdoor/Window/Virtual Visits</p> <p align="center">Please Visit <i>FamilyCenter.io</i> or dial ext. 4141 to schedule</p>		<p align="center">Strolling Book Cart Monday Mornings</p>
<p>1 Daylight Savings Time Ends</p> <p>10 AM Express Yourself (1,2,3) 2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>2</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Fall Treats! (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>3 Election Day</p> <p>10 AM Express Yourself (1,2) I-Fitness (3) 2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>4</p> <p>10 AM Breathe, Move, Meditate (1,2,3) 2:30PM Rolling Hydration Station (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>5</p> <p>10 AM Express Yourself (1,2) I-Fitness (3) 2:30PM Leisure Visits (1,2,3)</p>	<p>6</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>7</p> <p>10 AM This Day in History (1,2,3) 2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>8</p> <p>10 AM Express Yourself (1,2,3) 2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>9</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Fall Treats! (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>10</p> <p>10 AM Express Yourself (1,2) I-Fitness (3) 2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>11 Veteran's Day</p> <p>10 AM Breathe, Move, Meditate (1,2,3) 2:30PM Veteran's Day Celebration!(1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>12</p> <p>10 AM Express Yourself (1,2) I-Fitness (3) 2:30PM Leisure Visits (1,2,3)</p>	<p>13</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>14</p> <p>10 AM This Day in History (1,2,3) 2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>15</p> <p>10 AM Express Yourself (1,2,3) 2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>16</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Fall Treats! (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>17</p> <p>10 AM Express Yourself (1,2) I-Fitness (3) 2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>18</p> <p>10 AM Breathe, Move, Meditate (1,2,3) 2:30PM Rolling Hydration Station (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>19</p> <p>10 AM Express Yourself (1,2) I-Fitness (3) 2:30PM Leisure Visits (1,2,3)</p>	<p>20</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>21</p> <p>10 AM This Day in History (1,2,3) 2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>22</p> <p>10 AM Express Yourself (1,2,3) 2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>23</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Fall Treats! (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>24</p> <p>10 AM Express Yourself (1,2) I-Fitness (3) 2:00PM Resident Council (1:1) 2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>25</p> <p>10 AM Breathe, Move, Meditate (1,2,3) 2:30PM Rolling Hydration Station (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p>26 Thanksgiving</p> <p>10 AM Thanksgiving Day Parade! (1,2,3) 2:30PM Thanksgivings for All (1,2,3)</p>	<p>27</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>28</p> <p>10 AM This Day in History (1,2,3) 2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>29</p> <p>10 AM Express Yourself (1,2,3) 2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>30</p> <p>10 AM I-Fitness (1,2) Music and Movement (3) 2:30PM Fall Treats! (1,2,3) 6:00PM Evening Relaxation (3)</p>	<p align="center"><u>Daily Religious Services</u></p> <p align="center">Catholic Services – Channel 3</p> <p align="center">Jewish Services – Channel 6</p>		<p align="center"><i>“Be present in all things, and thankful for all things”</i></p> <p align="center"><i>~ Maya Angelou</i></p>		<p align="center">Therapeutic Recreation programs are subject to change</p>