


December 2020 - Recreation Therapy Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">**Your Recreation Team**</p> <p align="center">Jon Romond, MT-BC, Marianna Solorza, CiCi Almonte, Ashlee Penate, and Jodie Scott</p>			<p align="center">Have a question?</p> <p align="center">Call us anytime at:</p> <p align="center">(516) 536-7730 ext. 1180</p>	<p align="center">Outdoor/Window/Virtual Visits</p> <p align="center">Please Visit <i>FamilyCenter.io</i> or dial ext. 4141 to schedule</p>		 THE GRAND PAVILION <small>FOR REHABILITATION & NURSING AT ROCKVILLE CENTRE</small>
<p align="center">“Resolve to keep happy, and your joy and you shall form an invincible host against difficulties”</p> <p align="center">~Helen Keller</p>		<p>1</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>2</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Hot Cocoa Cart! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>3</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Leisure Visits (1,2,3)</p>	<p>4</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>5</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>6</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>7</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Winter Crafts! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>8</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>9</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Hot Cocoa Cart! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>10 Hanukkah Begins</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Festival of Lights! (1,2,3)</p>	<p>11</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>12</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>13</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>14</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Winter Crafts! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>15</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Deck the Halls! (1,2,3)</p>	<p>16</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Hot Cocoa Cart! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>17</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Leisure Visits (1,2,3)</p>	<p>18</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Creativity Kits (1) Hallway Bingo (2,3)</p>	<p>19</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>20</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>21</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Winter Crafts! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>22</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Spreading Christmas Cheer and Caroling! (1,2,3)</p>	<p>23 Ugly Sweater Day!</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Santa Claus is Coming to Town! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>24</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Stocking Stuffers! (1,2,3)</p>	<p>25 Christmas Day</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Rockin’ Around the Christmas Tree! (1,2,3)</p>	<p>26</p> <p>10 AM This Day in History (1,2,3)</p> <p>2:30PM Laugh Factory (1,2) Creativity Kits (3)</p>
<p>27</p> <p>10 AM Express Yourself (1,2,3)</p> <p>2:30PM Creativity Cart (1,2) Hallway Music (3)</p>	<p>28</p> <p>10 AM I-Fitness (1,2) Music and Movement (3)</p> <p>2:30PM Winter Crafts! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>29</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:00PM Resident Council (1:1)</p> <p>2:30PM Familiar Phrases (1,2) Hallway Bingo (3)</p>	<p>30</p> <p>10 AM Breathe, Move, Meditate (1,2,3)</p> <p>2:30PM Hot Cocoa Cart! (1,2,3)</p> <p>6:00PM Evening Relaxation (3)</p>	<p>31 New Year’s Eve</p> <p>10 AM Express Yourself (1,2) I-Fitness (3)</p> <p>2:30PM Countdown to 2021! (1,2,3)</p>	<p align="center">Daily Religious Services</p> <p align="center">Catholic Services – Channel 3</p> <p align="center">Jewish Services – Channel 6</p>	<p align="center">Therapeutic Recreation programs are subject to change</p>